

Please provide the following new abstract of the disclosure:

A method of obtaining mechanical energy from a turbine includes supplying a working medium into channels of a rotor of a turbine, accelerating the working medium while flowing out from the channels in one direction along a circumference and normally to a radius of a rotor so as to make the rotor rotate, supplying the working fluid from the rotor channels into a space created within a casing above the rotor where it interacts by friction with the casing while flowing out through openings of the casing so as to accelerate in one direction and to make the casing rotate, forming the space in the casing closed and extending along a radius of the circumference along outlet openings of the rotor channels, and accelerating the working fluid flowing out through the openings of the casing along a circumference and normally to a radius of the casing in a direction opposite to a direction of flowing out from the rotor.